



Hello Learn To Skate Families!

I am thrilled to announce that “The Academy” has ARRIVED at Yorba Linda ICE!

It will begin at the start of our next 8-Week Session--the week of September 9th, 2019. Due to the Labor Day Holiday, there are no classes the first week of September. Please read this entire letter before you look at the schedule, and/or decide on your classes. Most of your questions will be answered. “The Academy” is a program of Off-Ice and On-Ice group-format classes that span into all levels of skating. Previously, there has never been a “class program” that addresses much beyond “Learn To Skate.” This new program will fill this need.

“The Academy” will span the following levels (note LTS will stay up to Basic 6)

- **Bridge Level (BL):** Pre- Freeskate - Freeskate 6 (Single Jumps)
- **Junior Competition (JC):** Pre-Preliminary, Preliminary, Pre-Juvenile (All Double Jumps)
- **Competition Team (CT):** Juvenile, Intermediate, Novice
- **High Performance (HP):** Junior, Senior and Novice International

I have attached three documents to help make the transition process as easy as possible. The first is our Conversion Chart. This simple to read chart will tell you exactly what class to sign up for next semester. If your skater is a “Snowplow Sam” Skater, or “Beginner” to “Basic 6” Skater, you will sign up for the class your report card advises you to sign up for. Remember, “The Academy” ON ICE does not begin until Pre-FreeSkate and higher.

If your skater is Pre-Freeskate or higher, please look to the right column and you will see their current level. In the left column you will see the corresponding class in “The Academy.” That is the class you sign up for!

We do have changes in our “Academy” curriculum. We will now have “Jump” Classes and “Spin” Classes. They will not be combined as they are in our current program. We will however have various foundation curriculum, such as edges and turns interspersed into our “Jump” classes, as the jumps we are training your skater on require such elements. The jumps and spins we will be working on in each class are listed on the website and conversion chart.

I understand some of you are accustomed to signing up for one LTS class to receive both jumps and spins in one class, but the implementation of “The Academy” is to progress your skater as quickly as possible. 30 minutes for jumps and spins once a week is not optimal training for your skater, especially if they only skate one day a week. With “The Academy,” honing in on jumps for 30 minutes, and spins for 30 minutes, we will retire the old way of passing and failing classes with regularity and focus on thriving in jumps and spins which is the backbone of figure skating.

I have also attached all of our Off-Ice classes in “The Academy.” Off-Ice classes are crucial in developing the competitive figure skater. I am very happy to announce that our skaters at YLI will now have Off ICE “Strength and Conditioning” classes held in “**The Mettle Strength**” Gym that is located inside our building! Please see description of classes to learn more.

If your skater is not quite at “The Academy” level yet, we do offer some Off-Ice classes for your skater. Please see the description of all classes which I have attached. The prerequisites are listed for each class.

Signing up for 2 to 3 On-Ice classes, and 2 Off-Ice classes is a wonderful training week for your skater. I understand signing up for all of these additional classes we’re suggesting will cost more than you’re currently accustomed to, but I will now show you how amazing and cost effective you’re deal can be if you choose to dive into our “Academy”!

Remember, just like our LTS Classes, our Academy Classes will run in the same 8-Week semesters. The difference is that now we’re asking that you sign up for multiple On-Ice and Off-Ice classes to receive optimum training, For this reason, we are offering the following deal to kick off our first semester of “The Academy”:

Your first class will be the current \$120.00 for 2 months (8 weeks). What’s new is that now, for every additional class you sign up for (Off-Ice or On-Ice,) you will receive a **\$30.00 discount** for each class!

For example: let’s say you are signing up for the following 4 classes:

“Jump 2” - that is \$110.00 with early discount - you can also sign up for

“IJS Class” for \$90.00

Off Ice Jump Class for \$90.00 and

Off Ice Spin Class for \$90.00

For a total of 4 Classes, your fee is \$380.00 for TWO MONTHS.

So for **only \$190.00** a Month, you will receive 4 Instructed Classes per week with an Academy Coach - that’s over two hours of intensive training per week.

That is an amazing deal in the sport of Figure Skating.

If you do not want to take 4 classes, no problem! Sign up for whatever works for you. Or you may want more than 4. That’s great too! Along with your private instructor, you can customize your own skater’s training.

Please review the attached documents which are:

1. The conversion chart which shows you what level in “The Academy” you will be in including curriculum.
2. A description of our new Off-Ice Classes and On-Ice IJS Class.

3. Our schedule (times and days) of our new Academy classes for next semester

I have carefully laid out both On-Ice and Off-Ice training together, so that on any given day, every level of our YLI skaters are able to train on and off the ice for at least an hour and a half.

For example, for my “Stroking” kids on Saturday: I have included an Off-Ice “Strength and Conditioning” class in Mettle Strength Gym from 9:45 to 10:30am. That is right before the 11am “Stroking” Class. That is a wonderful day of training to do “Off-Ice Strength” followed by “Stroking,” followed by a “Jump” or “Spin” class at 11:20.

OR, on Mondays you can enroll in “Jump 3, 4 or 5” at 4:15pm followed by our Off Ice “Strength and Conditioning” at 5pm. On Wednesdays I’ve added an On ICE “IJS” Class followed by “Jump” Class on a coned off section of our public session. Or for example, you could do “IJS Class”, or “Jump Class”, have a break practicing on the public session and then do a jump class at 5:30. You have many options.

I also haven’t forgotten my Adults! We have added an additional On-Ice and an Off-Ice class for my fabulous “Adults” who are growing strong! I see you all on Saturdays---I also see you returning during the week to practice- very impressive!

We will go live with sign-ups online beginning on Thursday, August 15th! I do have a cap for my Academy classes so make sure to sign up for what you want as soon as possible.

We’re very excited to offer “The Academy” at Yorba Linda ICE. Please feel free to contact me with any questions you may have!

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