



HOCKEY DEPARTMENT

QUARTERLY UPDATE - SEPTEMBER 2021



DIRECTOR'S MESSAGE

The last several months have been busy with families getting back to our rinks to do what they love most: play hockey! This past summer was full of tryouts, camps, leagues, and forming teams. It's fantastic to witness players rejoining their "hockey families" at The Rinks. Our featured All World Hockey Institute Summer Camps were very well attended, and it was great to see so many familiar and new faces. All our rinks and programming are up and running, from grassroots programming and rec leagues, to travel hockey and the Anaheim Ducks High School Hockey League. Additionally all our adult hockey leagues are in full swing, including roller leagues which have grown to 140 teams and our new 4-on-4 league at Westminster.

As always, we are committed to your health and continue to work behind the scenes to keep our programming safe and ensure top-notch service. Please let us know if there's anything we can do to make your experience with our rinks a great one! We'll see you soon at The Rinks & Great Park Ice.

- Rick Hutchinson | Director of Hockey, The Rinks & Great Park Ice

PROGRAM PHILOSOPHY

INTEGRITY - TEAMWORK - SPORTSMANSHIP

The Rinks & Great Park Ice offer a variety of youth ice hockey programs for participants of all ages and skill levels. We are home to thousands of youth hockey players, from those new to the sport and looking to play hockey for the first time to those who have been playing for several years and looking for a AAA travel hockey program. The Rinks has a program for everyone.

Programs include Anaheim Ducks Learn to Play Hockey and Little Ducks, designed for first time skaters and players to kick-start their hockey journeys. Hockey Initiation, In-House Recreation Leagues, camps and travel hockey are also available to continue every player's skill development.

The Rinks & Great Park Ice are recognized as a Model Club Association through USA Hockey and are dedicated to age-appropriate, age-specific skill development, in accordance with USA Hockey's American Development Model.



Our philosophy is simple, develop great people through hockey and build an environment that reflects fun, pride, teamwork, sportsmanship and integrity. Hockey develops skills on the ice that build foundations for a lifetime. In addition to athletic prowess, hockey promotes confidence, pride, focus and responsibility. With an emphasis on fun, hockey is a game to be played and enjoyed for life.

Starting with the bonds created in the locker room to the relationships formed on ice, hockey creates life-long friendships. This camaraderie shared on and off the ice encourages teamwork and the natural development of leadership skills.

CUSTOMER SPOTLIGHT

IT’S FAMILY TIME FOR THE SCHECHTEL’S!

It’s a family affair at Great Park Ice for Burke Schechtel and two of his children, Smith and Emerson, as they enjoy our skating and hockey development programs. Smith, who is 5, has already taken Level 1 and 2 skating, Hockey Tots and just finished up Little Ducks. Next up: Hockey Initiation! For 8 year old Emerson, she has taken Basic Skating 1 and 2 and up next is Little Ducks! Gotta keep up with her younger brother! Their mom, Elaine, and older sister, Hannah, are big supporters of the family’s love of hockey and skating too.



Burke has joined the fun on the ice as well having jumped into our adult hockey programs, bringing his love of hockey from his home town Vancouver, Canada! The Schechtel’s are long time

Ducks fans, attending many games at Honda Center and getting to know a few of the players along the way. Burke noted the huge difference in Great Park Ice and everything it offers versus the “old hockey barns” where he grew up. He noted, “The new facility is a major draw for new players and their families. It’s a game changer, makes you want to hang out and creates an inspiration for more and more kids to try out hockey and play the game.”

We’re thrilled to have the Schechtel’s part of the Great Park family and thank them for all their support as their fun on the ice continues in the years to come!

-By Coach Dave Batson-

WARRIOR HOCKEY

NEW EVENTS THIS OCTOBER AND NOVEMBER

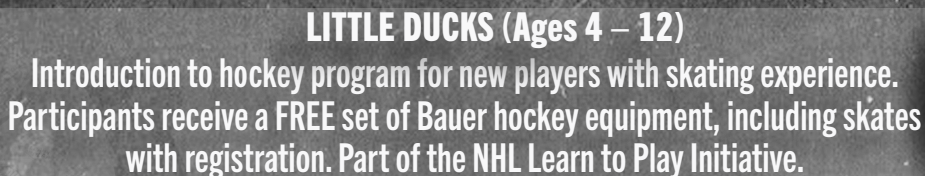
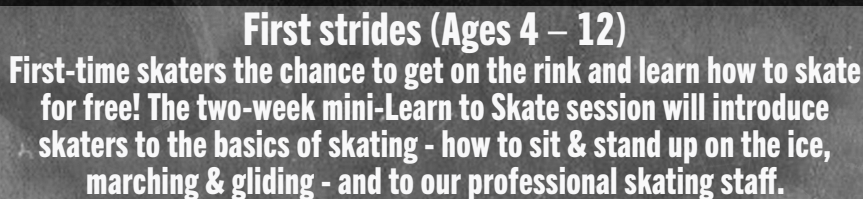
Anaheim Ducks Learn to Play Warrior Hockey is back! These clinics are open to all active and retired military members, as well as local first responders. All equipment will be provided.

Dates:

- Poway ICE- Saturdays, Oct. 2, 9, 16 (8:45- 9:45 p.m.)
- Westminster ICE- Sundays, Nov. 7, 14, 21 (1:30- 2:30 p.m.)

As one of the Disabled Hockey Section’s newest disciplines the Anaheim Ducks want to create more opportunities to injured and disabled veterans within our own community! While some of the participants played hockey prior to being injured, many try it for the first time for therapeutic reasons.





Hockey skills development program utilizing the USA Hockey American Development Model. Participants will learn the proper techniques for skating, shooting, passing and stickhandling. This program is separated into two 8 week sessions



The Rinks Rec. League Hockey

Group clinics, team practices and games in a fun, competitive environment
Mite – 8 & under
Squirt – 10 & under | Pee Wee – 12 & under
Bantam – 14 & under | Midget – 18 & under

Travel Hockey

High level of competition Across all levels (aaa, aa, a, bb & b), 2-3 weekly training sessions, travel for games and tournaments

Mite – 8 & under

Squirt – 10 & under | Pee Wee – 12 & under

Bantam – 14 & under | 15u | Midget – 18 & under



Anaheim Ducks High School Hockey

Midget – 18 & under
Varsity | JV | JV Development

MORE INFORMATION

anaheimducks.com/hockeydevelopment

PARENT RESOURCES

JUST FOR YOU: PARENTS AND CAREGIVERS

In this newest section of our Quarterly Update, we are excited to address commonly asked parent questions, accompanied by a “Parent Tip” that we believe will enhance yours and your child’s enjoyment of their youth hockey experience with The Rinks & Great Park Ice.

“Hey Coach, Why Are You Doing That?”

Coaches in our development programs are often asked why we run “station-based practices.” In addition to following the research-based approach of USA Hockey’s American Development Model (ADM), there are several advantages to using multiple stations during our various clinics:

- Quality repetition (not just reps for the sake of reps over extended periods of time) is a critical aspect of skill development.
- In a station, players get more repetitions while getting more individualized attention at the same time.
- When stations are used for small area games, there are a number of “game-translation” opportunities including for decision making and beginning to develop hockey sense- one of the most critical skills as players further develop.
- Station-based practices are simply more efficient. Ice time is valuable and transitions between drills can take place much more quickly.
- It keeps players moving, having fun, and being active. There is nothing fun about standing in line.

As always our coaching staff, including Hockey Directors, are available at any time for questions, in person, or online.

Parent Tip: Ask Your Child Learning Questions

Many well-intended parents shout various instructions- aka “encouragement”- to their child in clinics, practices, and games. This may include where to go on the ice, when to shoot, to skate harder, to get up, etc. But, in doing so, parents risk non-intentionally robbing their child of key self-learning experiences about the game of hockey and becoming a hockey player. These include elements of individual and team decision making, use of creativity in making play, and learning how to react to the wide variety of situation .

Should you cheer on your child and their team with positive words? ABSOLUTELY! However, particularly as your child progresses, think about ways to engage their own thinking, to further their self-learning of the game. Post-practice or games, examples might include:

- Did you have fun today...

The automatic #1!

- What did you think of the overall (practice, game, clinic) today?
- What went really well?
- What needs more work? ...
- What did you learn today, that you can continue practicing?

Use of balanced learning questions such as these, for self-assessment by players, can ultimately help them co-coach themselves as they seek to both improve skills and contribute to their team. (More on this concept and other ways parents and coaches can inspire players, can be found in Every Moment Matters by John O’Sullivan).



FEATURED DRILL

This is a simple, yet highly competitive drill, that can also be run out of both ends of the ice at the same time.

SETUP

- Alternate team colors at the points.
- 2 defenders start just inside the blueline.
- 2 forwards will start out with the puck (in the diagram they are Red X's). They must go through the center circle and they can pass to each other or keep the puck as they try to attack the 2 defenders and score a goal.
- The 2 defenders work on defending while skating forwards by closing the gap and angling the forwards into the boards with their sticks on the ice.
- A 2 vs. 2 takes place in the zone, where the forwards try to score a goal, and the defenders work to pass the puck to the next forwards in line.
- When the defenders pass the puck to the next forwards in line, the original forwards (The Red X's) play defense, and the original defenders move to the back of the line.
- The drill transitions to the next group with a breakout pass from the defenders, a goal from the forwards, or a whistle from the coach.
- The drill is continuous!

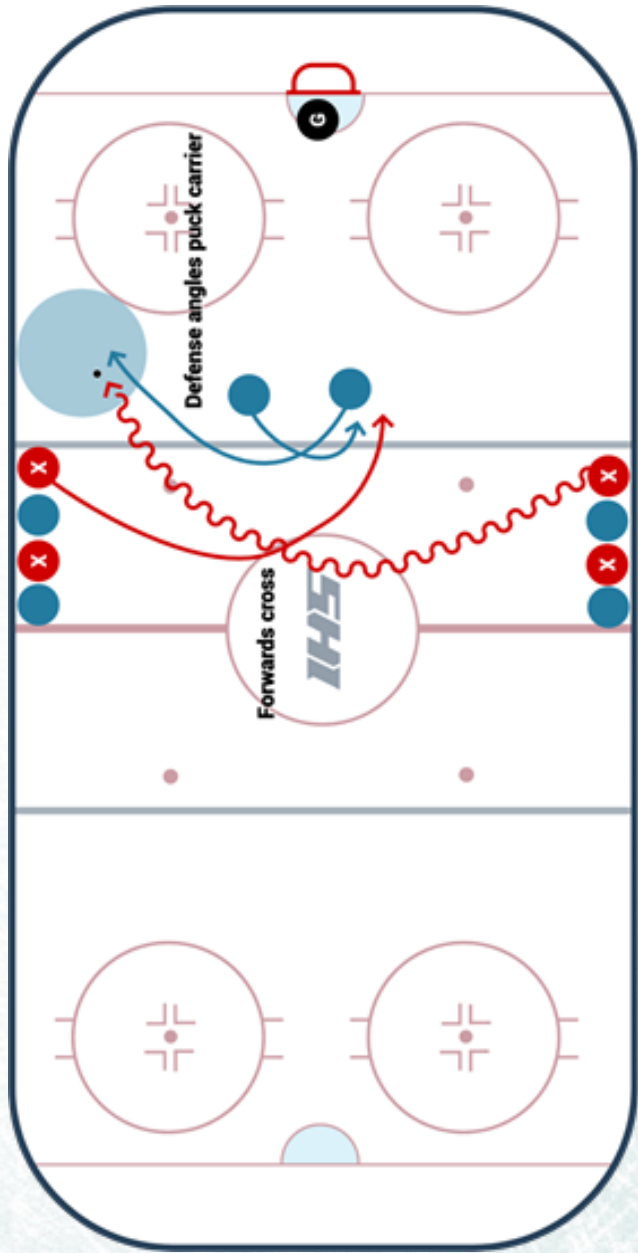
COACHING POINTS

Defense:

- Communicate with your partner so you can close the gap quickly.
- Defend skating forwards- angle the forwards to the boards with your body and a good stick on the ice (do not let them cut back into the middle of the ice).
- Play through sticks and work to get the puck to the next players in line.

Offense:

- Communicate with your partner.
- Keep your head up to see where the open ice is.
- After the play transitions work to get to the blue line to defend the next group in line.





GREAT PARK

A photograph of two female ice hockey players in action on an indoor rink. The player on the left wears a red jersey with a '30' patch and 'WARRIOR' branding, orange pants, and a black helmet. The player on the right wears a white jersey with 'LEARN TO PLAY HOCKEY' and 'BAUER' branding, orange pants, and a black helmet. Both are holding hockey sticks and are in a ready stance on the ice. In the background, other players and a goal are visible.

NEW ADULT LEARN TO PLAY HOCKEY SESSIONS

It's never too late to begin playing hockey! The Anaheim Ducks Adult Learn to Play Program offers first-time hockey players the chance to get on the rink and experience the great sport of hockey for FREE. Participants will receive instruction on the basics of hockey as well as learn how to skate properly.

Visit anaheimducks.com/adultlearntoplay for more information and to register.



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