



**October 11<sup>th</sup>, 2025**

**Entry Deadline: September 13th, 2025**

***The Rinks Lakewood ICE***

*3975 Pixie Ave, Lakewood CA 90712*

*Lakewoodice.therinks.com*

**Hosted by The Rinks Lakewood ICE and Sanctioned by U.S. Figure Skating**

**Entries will be accepted through [www.entryeeze.com](http://www.entryeeze.com)**

**For more information, please contact the Competition Director,**

**Braden Overett [boverett@therinks.com](mailto:boverett@therinks.com)**



## GENERAL INFORMATION

**ENTRIES AND FEES:** Closing date of entries is September 13<sup>th</sup>, 2025 11:59pm PST. All entries must be registered through EntryEeze.com. Paper entries will not be accepted. Late entries will be accepted only if the limit has not been reached, at the discretion of the organizers and will be subject to a \$25 late fee. Entry fees are per person. NO refunds after closing date unless event is canceled by The Rinks Lakewood ICE.

**REGISTRATION:** The registration desk will be in the lobby of The Rinks Lakewood ICE and will be open during the competition beginning 1 hour prior to the first event through the end of the last event. Regardless of coach's preference, it is the skater's sole responsibility to check in with the registration desk a minimum of one (1) hour prior to your event. Failure to check in with the registration desk within the required time frame may result in the skater's withdrawal.

**JUDGING:** Judging will be done using the 6.0 system for all events except...

- Excel Free Skate (Pre-Preliminary - Preliminary Plus) – **Judged using IJS**
- Well Balanced Free Skate (Pre-Preliminary – Preliminary)– **Judged using IJS**

All competitors skating in these [IJS] events need to submit the Planned Program Content (PPC) form online in EntryEeze. The Planned Program Content deadline is Sunday, September 28<sup>th</sup> 2025 at 11:59pm PST. Late PPC submissions will incur an additional \$25 fee.

**SCHEDULE OF EVENTS:** Competition will start at 1:00pm PST. Events will be held on both Rink A and Rink B. The schedule of events and which ice surface will be determined by the competition's chief referee. A complete schedule of events and groupings will be posted on Entryeze.com approximately 14 days prior to the start of competition.

**PRACTICE ICE:** There will not be practice ice exclusively for this competition. It is encourage that skaters take an opportunity to skate one of the Open Freestyle sessions on Rink A in the weeks leading up to the competition. The freestyle schedule is posted every Friday for the following week. Link: [Freestyle - Figure Skating - Lakewood ICE \(therinks.com\)](https://therinks.com)

**MUSIC:** The music for all free skating programs and showcase must be uploaded through EntryEeze no later than Sunday, September 28<sup>th</sup>, at 11:59pm PST! Late submissions will incur a \$25 fee.

1. File Format: MP3 (the online system will automatically check this)
2. Bit Rate: 192 kbps or higher (this will be checked by the music chairperson and they may request you upload a corrected file)
3. Sample Rate: 44,100 kHz (this will be checked by the music chairperson and they may request you upload a corrected file)
4. Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

**AWARDS:** Medals will be awarded to 1<sup>st</sup> -4<sup>th</sup> places. Ribbons will be given to any placements beyond 4<sup>th</sup>. All awards will be given immediately following the posting of results.

**PHOTOGRAPHY AND VIDEO:** Spectators are reminded that flash photography is dangerous and will be strictly prohibited. A professional photographer will be available in the awards area. Skaters who have placed in their event are encouraged to have a group photo taken, purchase of photo is optional. Individual photos will be taken upon request regardless of placement. Please do not take or publish photos or videos of any skater who is not directly under your care.

**SPECTATORS:** Spectators welcome! There is bleacher style seating in the facility and admission is FREE! Family and friends are encouraged to come support their skaters during their competition. It is courteous to stay for the full group of competitors in your event and make lots of encouraging noise—cheers, hollers and clapping bring lots of energy to the skaters.

**VENDORS:** Several vendors have been invited to participate. We encourage everyone to visit all the booths and find something of interest! Professional awards photography, as well as professional videography will be available for purchase on site.

**EXHIBITIONS:** Time-permitting, we will offer the opportunity for skaters at levels above Compete USA to perform an exhibition of their program. The exhibitions are built in as performance opportunities—these will NOT be judged, nor critiqued by officials. If you're interested in doing an exhibition, please connect directly with me at: [boverett@therinks.com](mailto:boverett@therinks.com)

Questions regarding the SPOOKTACULAR competition should be directed to:  
Braden Overett, Competition Director  
[boverett@therinks.com](mailto:boverett@therinks.com)

## ***RULES FOR COMPETE USA COMPETITIONS***

### **3100 Rules for Compete USA Competitions**

#### **3110 Compete USA Competitions – Approvals**

3111 Compete USA competitions may include events for skaters who have passed no higher than the preliminary free skate, pre-bronze pattern dance or adult bronze free skate tests without applying for a

U.S. Figure Skating sanction. However, an approval number is required and may be obtained from the appointed Learn to Skate USA representatives.

#### **3120 Compete USA Competitions – Officials**

3121 For Compete USA competitions, three judges not related to the competitors are required for each event. Judges may be any official U.S. Figure Skating or Skate Canada judge or any other qualified eligible or ineligible person in skating who is a U.S. Figure Skating member and/or a Learn to Skate USA member.

3122 For Compete USA competitions, the member club or other organization sponsoring and conducting the competition shall approve all judges and officials. All persons serving as judges and officials shall be at least 16 years of age.

#### **3130 Compete USA Competitions – Announcements**

3131 For all Compete USA competitions, a copy of the announcement and an approval request shall be sent to the appointed Learn to Skate USA representative for approval and issuance of a Compete USA approval number 30 days prior to the release of the competition announcement to the public. The approval is to be publicly displayed during the competition.

3132 Compete USA competitions will follow the event structure as outlined in the Compete USA Manual.

Any registered Learn to Skate USA program may conduct a Compete USA competition.

3133 When Compete USA competitions are held on the home ice of a U.S. Figure Skating member club, the member club shall be designated as the sponsoring club.

3134 Compete USA competitions may be:

- A. "In house" — the competition is available only to those skaters who are members of the club or pro- gram conducting the competition, or
- B. "Open" — the competition is available to any registered Learn to Skate USA member or full U.S. Figure Skating member.

### **3055 Entries**

At nonqualifying competitions, if only one eligible competitor/team enters an event, the competitor/team will be offered the option to skate an exhibition, compete in an equivalent event one level above or one level below (as qualified by test level) or, for pre-juvenile and lower singles events, compete in an equivalent event against skaters of the opposite gender.

- A. If said competitor chooses to skate an exhibition, judges will award their marks according to the rules and the applicable judging system used, and the competitor/team will receive first place.
- B. If said competitor chooses to compete in an equivalent event against skaters of the opposite gender, the skater will be entered accordingly.
- C. If said competitor/team chooses not to skate, the entry fee will be refunded, and the event will be canceled

### **3064 - Skating Accommodations Memorandum (S.A.M.)**

A singles skater with a documented physical disability, as defined by the Americans with Disabilities Act (ADA), may request exception from certain technical rules or element requirements or expectations on the basis that such rule or requirement penalizes them in the assessment.



### *ELIGIBILITY RULES FOR PARTICIPANTS*

It is very important to the success of the competition that skaters are placed in the correct divisions. This will ensure that every event is as fair as possible to the competitors. It is an ethical violation for coaches to sandbag an event.

Choosing a competitive level that is right for your skater: It is the responsibility of the instructor, coach, or skating director to place the skater at the correct competitive level. This decision should be based upon skill proficiency, athlete development, and fairness. Placing skaters at a level that challenges them appropriately while fostering their ongoing development is key to nurturing their growth.

#### *ELIGIBILITY AND TEST REQUIREMENTS:*

The competition is open to ALL skaters who are current members of either Learn to Skate USA and/ or those who are full members of U.S. Figure Skating (including Aspire). Members of other organizations are eligible to compete but must be a current registered member of Learn to Skate USA or a full member of U.S. Figure Skating. There will be no more than six competitors maximum in an event, and all six should receive an award.

Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic 1-6 skaters must skate at highest level passed or one level higher, and NO official U.S. Figure Skating tests may have been passed, including skating skills or individual dances.

Special Olympics events are for skaters with intellectual disabilities. Skate United events are for skaters with physical disabilities. Skate United skaters have the option to compete in the standard track or Skate United track; accommodations may be made upon request. Adaptive events are for skaters with any type of disability. *\*For Synchronized Skating eligibility and requirements refer to the Synchronized Skating page.\**

### *ELIGIBILITY RULES FOR COACHES/ INSTRUCTOR*

When hosting a Compete USA competition, it is important that you verify the compliance of each coach/ instructor who plans to coach onsite at the event.

For credentials at a Compete USA event, coaches/instructors are required to have:

- **Learn to Skate USA instructor compliant**

**OR**

- **U.S. Figure Skating coach compliant**

If a coach/instructor attempts to work at your event without the proper credentials, he or she is in violation of U.S. Figure Skating ethics and code of conduct rules and, as such, is subject to disciplinary action.

All officials and adult volunteers assisting Compete USA events must also be SafeSport Trained™

## PROGRAM REQUIREMENTS

**EVENTS OFFERED:**

\*Click on the event for program requirements\*

Full list of program requirements for all events can be found at

<https://www.usfigureskating.org/competition-program-requirements> (scroll down the page and "Program Requirements Chars" click on "Compete USA Events.")

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